

# Guided Reading Activity

1-2

networks

## Approaches to Psychology

### Lesson 2 *A Brief History of Psychology*

#### Review Questions: Recording Who, What, When, Where, Why, and How Statements

**Directions:** Read each main idea and answer the questions below. Refer to your textbook to write the answers.

**Main Idea A:** The field of psychology evolved over a long period of time.

1. **What** did the ancient Greeks rely on as a means of knowing their world?

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2. **Why** did René Descartes disagree with the idea of *dualism*?

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3. **How** did Wilhelm Wundt's method of self-observation, or introspection, work?

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4. **When** was the first textbook of psychology written and what was it?

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5. **Who** first raised the question of whether behavior is determined by heredity or environment?

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**Main Idea B:** In modern times several different approaches to psychology have developed.

1. **What** forces are responsible for most human behavior according to Sigmund Freud?

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## Guided Reading Activity *cont.*

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### Approaches to Psychology

2. **How** does the technique of free association work?

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3. **Why** did the dog in Pavlov's famous experiment salivate when it heard the sound of a tuning fork even when no food was present?

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4. **How** does humanistic psychology differ from behaviorism?

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5. **What** influences on human behavior does behavioral neuroscience focus on?

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### Summary and Reflection

**Directions:** Summarize the main ideas of this lesson by answering the question below.

What are the main internal and external forces that influence human behavior according to different modern psychological approaches?

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