

Vocabulary Activity 12-3 Emotions

Directions: Fill in each blank below with the word or words that best fit the sentence.

Emotions have three parts. These include the **1** _____, the **2** _____, and the **3** _____ parts.

Psychologists have proposed both physiological and cognitive theories of emotions. There are two major physiological theories of emotions. These are the **4** _____ theory, which holds that emotions are the perception of certain internal bodily changes, and the **5** _____ theory, which argues that the thalamus in the lower brain is the seat of all emotion.

Cognitive theorists believe that bodily changes work together with thinking to produce emotions. The **6** _____ experiment demonstrated that internal components of emotion affect a person differently, depending on his or her perception of the situation. The **7** _____ theory states that the sympathetic system and the parasympathetic system act in concert to regulate and manipulate emotions.

Directions: Answer the following questions in the space provided.

8. What is the function of *emotional intelligence*?

9. Does emotional expression vary among cultures? Why or why not?
