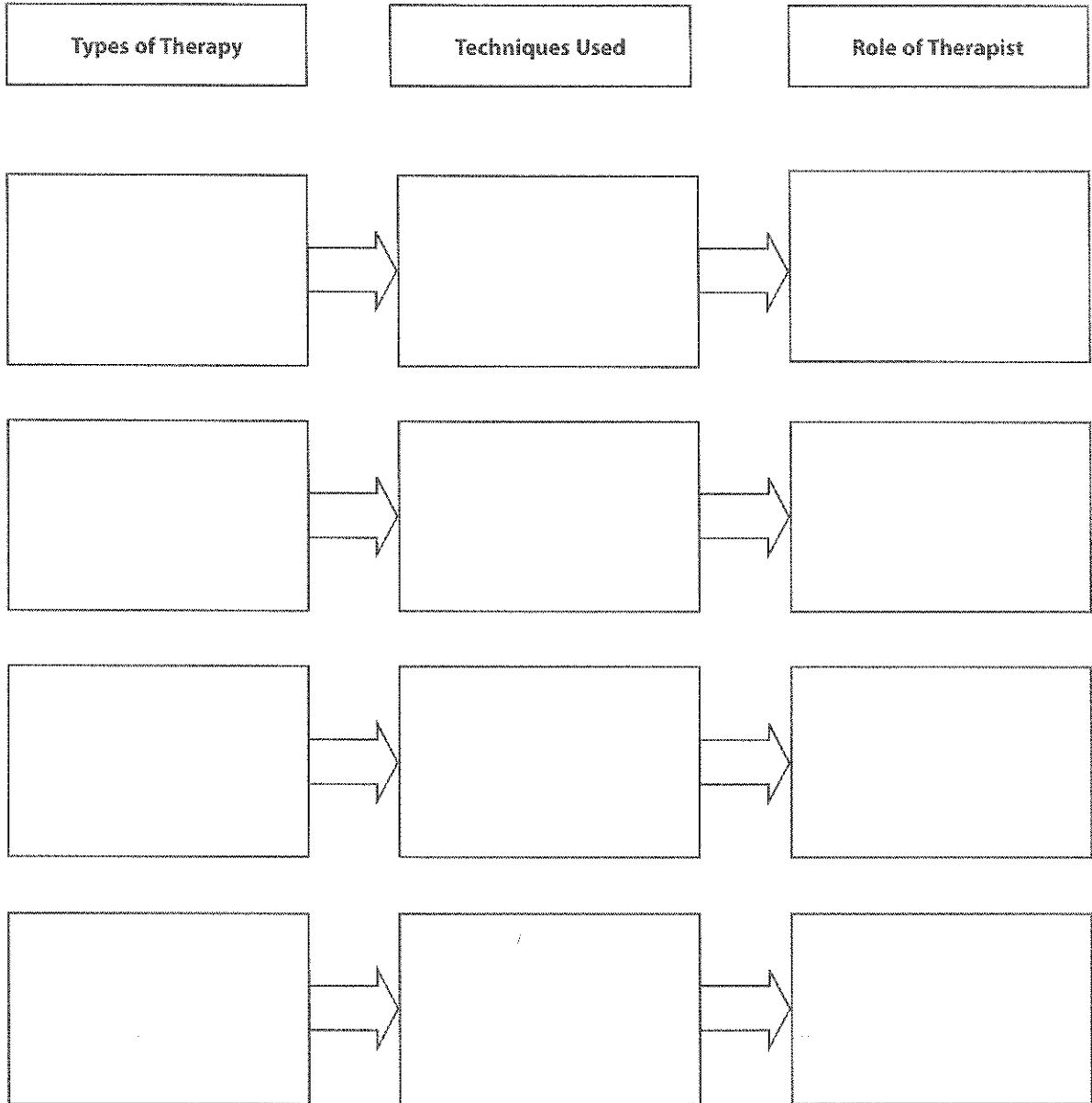


Graphic Organizer Activity



Therapy and Change

Directions: Psychologists today use four major types of therapy. Each type of therapy employs different techniques. Complete the graphic organizer by listing the four types of therapy in the boxes on the left. In the boxes in the center, list the techniques used in each type of therapy. Then, in the boxes on the right, list the role of the therapist for each type of therapy.



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