

Guided Reading Activity

17-4

networks

Therapy and Change

Lesson 4 *Biological Approaches to Treatment*

Review Questions: Identifying Supporting Details

Directions: Read each main idea. Use your textbook to supply the details that support or explain each main idea.

Main Idea A: Biological therapy assumes there is an underlying physiological reason for psychological disorders and treats them with medication.

- 1. Detail:** Prescribed psychoactive medications can relieve _____ and increase the usefulness of other forms of _____, but their effectiveness is _____.
- 2. Detail:** Antipsychotic drugs like _____, _____, and _____ are used to reduce the symptoms of _____.
- 3. Detail:** The most popular antidepressants are the _____, but they may have unpleasant side effects such as _____, _____, _____, and _____.
- 4. Detail:** The mood stabilizer _____ reduces mood swings in people with _____ by controlling levels of the _____ norepinephrine.
- 5. Detail:** Prolonged use of antianxiety drugs may lead to _____, so they are best used for dealing with _____, rather than chronic, anxiety.

Guided Reading Activity *cont.*



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Main Idea B: When psychotherapy and drug therapy are ineffective, mental care professionals might turn to other treatments such as electroconvulsive therapy and surgery.

- 1. Detail:** Although ECT is very effective treatment for severe _____, many people experience _____ after the treatment.
- 2. Detail:** Psychosurgery like _____ is no longer performed because of its severe side effects, such as epilepsy and _____.

Summary and Reflection

Directions: Summarize the main ideas of this lesson by answering the question below.

Why isn't medication a cure for psychological disorders and why is it usually used along with other forms of psychotherapy?
