


**Vocabulary Activity 16-2**  **Anxiety Disorders**

Directions: Read each statement below, and then write the letter of the correct answer in the space provided.

- \_\_\_\_\_ 1. \_\_\_\_\_ is characterized by sudden and unexplainable attacks of intense anxiety, leading to the individual's feeling a sense of inevitable doom or death.
  - A. Anxiety
  - B. Phobia
  - C. Panic disorder
  - D. Post-traumatic stress disorder
  
- \_\_\_\_\_ 2. Continuous, generalized \_\_\_\_\_ may result in the inability to make decisions or enjoy life.
  - A. anxiety
  - B. phobia
  - C. panic disorder
  - D. post-traumatic stress disorder
  
- \_\_\_\_\_ 3. A(n) \_\_\_\_\_ is anxiety focused on a particular object, animal, activity, or situation that seems out of proportion to any real danger involved.
  - A. anxiety
  - B. phobia
  - C. panic disorder
  - D. post-traumatic stress disorder
  
- \_\_\_\_\_ 4. People who suffer a specific \_\_\_\_\_ often develop elaborate plans to avoid the situations they fear.
  - A. anxiety
  - B. phobia
  - C. panic disorder
  - D. post-traumatic stress disorder
  
- \_\_\_\_\_ 5. Symptoms of \_\_\_\_\_ may include a sense of smothering, choking, or breathing difficulty; faintness or dizziness; nausea; and chest pains.
  - A. anxiety
  - B. phobia
  - C. panic disorder
  - D. post-traumatic stress disorder

Directions: Answer the following question in the space provided.

- 6. What is post-traumatic stress disorder; and who is likely to develop this disorder?

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